

EXHIBIT BA STATEMENT ON MILK, CREAM, BUTTER, AND EGGSby Dr. G.K. Abbott

I have been looking over scientific facts which may have some bearing upon the matter of milk, cream, butter, and eggs. I believe that milk, dairy products, and eggs are a necessary part of a complete healthful diet. It may be that other than for infants, there was no need of this prior to the flood; but since that time there have been some very profound changes, notably in the completeness of chemicals in the soil, in climate, particularly as to sunshine and other elements that might prevent the human from getting the full benefit of ultra violet light of the sunshine. This, of course, also involves vitamin D.

Here are some other items which I find in addition to what I have previously written, most of which appear in the MINISTRY for the months of June, July, and August, 1940. Sherman mentions especially the great advantages of milk, fruit, and vegetables in controlling the intestinal bacteria and that apparently the lactobacillus acidophilus grows best in the presence of lactose (milk sugar), dextrin (thoroughly cooked starch) and casein (the protein of milk), the latter being much better than the protein of meat, eggs, or vegetable proteins in preventing the growth of putrefactive bacteria in the intestinal tract. Lactose is also much less subject to stomach fermentation than are other sugars.

Another rather interesting item, which may have no particular practical bearing, is that the fatty acids of the butterfat of milk are very largely the same as the fatty acids of the human body fats. If this has any definite bearing, it is as an implication of the necessary dietary origin of at least a considerable portion of the fats of the food.

I believe the very reading of all the Testimony statements regarding milk, cream, and eggs, is sufficient of themselves. It seems to me that the Testimonies make the definite statement that it is disease in animals, that is infections, which will make it necessary to discontinue the use of these foods,

and that there is no other good reason for doing so; in fact every good reason, scientific and in the statements of the Testimonies, why they are an essential part of the complete well balanced diet.

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